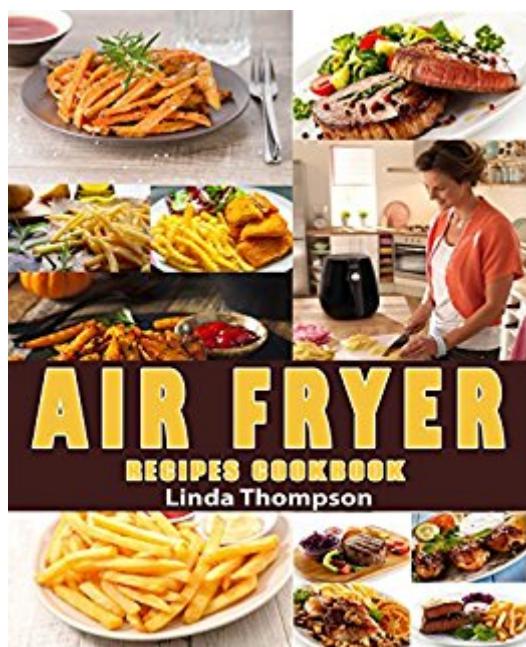


The book was found

Air Fryer Recipes Cookbook: 365 Days Recipes To Fry, Bake, Grill, And Roast With Your Air Fryer.



Synopsis

Got Your Air Fryer? Want to make the most use out of it? Looking for More Delicious recipes for your AIR FRYER? or maybe your body tells you it's had enough of unhealthy food, cooked in an unhealthy way, it's time for a change and time to find a healthier, tastier alternative! Almost all of us want to eat healthy food and spend not much time for its preparation. The health benefits are main things what the air fryer has become popular for. Convenience and ease of use are secondary benefits. These and other benefits you can easily find below: Less Oil - you do not need to use more than couple tablespoon of fat while cooking dishes in the air fryer. In result, you get healthier roasted food which not soaking in unhealthy fat. Fast Preparation - it is faster to cook in the air fryer than anywhere else. This is due to high temperature air circulating inside the fryer basket. Hot air passes through the meals making it ready faster. Easy Cooking - it not needed to watch over your pan while frying your dinner. You just put ingredients into the fryer basket, set cooking preferences, push couple buttons and wait for the meals to get prepared. Easy Cleaning - most of the air fryer details and cooking chamber are dishwasher safe. You can easily clean them either with a soapy sponge or in the dishwasher. Various Cooking - you can not only roast with the help of air fryer. You can easily bake, grill, and stew in it too! The Air Fryer Recipes Cookbook delivers all what you are looking for. A new concept and a new way to cook all the foods you love in a way that is tempting, delicious and ticks all the boxes when it comes to nutrition. Air fryers have been around for a few years now and have steadily gained a dedicated following. Within the pages of this book, you'll not only learn a little about the use and benefits. Of course, no cookbook is complete without recipes and the Air Fryer Recipes Cookbook gives you dozens to get you started. Choose from Breakfast Poultry Snacks Sea Food Vegetarian Dessert recipes. Thus, the variety goes on and on for healthy eating. The food cooked in an air fryer is not only healthy but it contains very low fats which help to stop your increasing weight.

Book Information

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Customer Reviews

We just had our brand new air fryer delivered last week and been purchasing some cookbooks on Kindle and this is what i have to say on this book:Very informative contents, useful tips and advicesThe recipes are good, I like the author best selection since they are very details also including all nutritional value in every recipes.Even though the Air fryer food less fat, We still want to look into this part.

What I really like with this book is that it has 365 recipes to choose from.It will give me a plenty of creative ideas of the endless possibilities using my air fryer.Absolutely this is my new partner in the kitchen.

Disappointed with this cookbook. It uses unfamiliar ingredients and measurements. Pages look like copies of typewritten recipes. And, not even one picture inside.

I find plenty of healthy, tasty, and easy to make recipes in this book. There is also something here for every meal of the day, including snacks, and we are really enjoying making some of our favorite fried foods that won't clog our arteries quite as quickly. Definitely recommend this one.

Air fryer cookbook is a very nice book. It has very delicious and very tasty recipes. I tried most of this book recipes and found very yummy and very tasty one. This book has provide some in-depth detail about why some one use air fryer along with the several low oil and low fat recipes that can be used for breakfast, lunch and dinner. This book delivers all what you are looking for.

The information in the book is helpful, but I find paper cookbooks more convenient to locate recipes.

Good recipes - easy to make, not a lot of "odd" stuff.

The cook book is great. Lots of recipes and tips for using the fryer!

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Roast interesting meals from the usual products! (Air Fryer Made Simple Book 2) Air Fryer Cookbook: 450 Amazingly Healthy & Delicious Air Fryer Recipes. (With Nutrition Facts of Each & Every Recipe) (Air fryer Cookbook, Air fryer Recipes, Air fryer Recipe Book) Air Fryer Cookbook: Healthy & Easy Air Fryer Recipes for Everyone (Air Fryer Recipe Book, Air Fryer Cooking, Best Air Fryer Recipes) Air Fryer Cookbook (Includes Paleo, Vegan, Pot, Clean Eating, Low-fat, Bake, Roast, Fry, Grill, Healthy, Delicious, Tasty, Easy, Simple Cooking, Greek): 300 Easy Recipes for Quick and Tasty Meals Air Fryer Cookbook: Easy & Healthy Everyday Recipes â€“ Delicious, Family-Tasted: Fry, Bake, Grill & Roast

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